

PE Long Term Plan 2019-2020

Bee Active = Nursery & Reception/Year 1&2

Mindfully Me Yoga = Autumn 1=Year 1, Autumn 2=Year 5, Spring 1=Year 3, Spring 2=Year 2, Summer 1=Year 4, Summer 2=Year 6

PE Teacher Craig Sigley CPD for Staff on Wednesday mornings Autumn= 3, 1/R & 6 Spring= 4,R/3 & 5 Summer= 2,1/6 & 5/N

ASM = 3,4,5+6 all year

Bikability = Level 1 - Year 4, Level 2 - Year 6

Offsite Activities:-

Gym Centre = Y1&2 Kilnworx Climbing Centre = Y3 Swimming = Y4 all year + Y5 Intervention Stanley Head Paddleboard Award

Canoe & Kayak = Y5 Stanley Head OAA = Y6

PUPILS SKILLS MUST BE ASSESSED AT THE START OF EACH YEAR GROUP STATEMENT FOCUS. THEIR SKILLS MUST THEN BE DEVELOPED, EVALUATED AND ASSESSED EACH LESSON. ASSESSMENT GRIDS NEED TO BE CONTINUOUSLY UPDATED AND AN UP TO DATE COPY NEEDS TO BE SENT ELECTRONICALLY TO E. GRANGE AT THE END OF EACH $\frac{1}{2}$ TERM PLEASE.

Reception (Milestone Statement Focus **No. 1, 2, 3 & 4** (H+SC) to be assessed throughout the year

- Term 1a = Milestone Statement Focus No. 5, 9 & 10

Bee Active Multi-skills (Agility, Balance & Co-ordination)

- Term 1b = Milestone Statement Focus No. 5, 6 & 8

Gymnastics with Craig

- Term 2a = Milestone Statement Focus No. 5

Multi-Skills & Football with Craig

- Term 2b = Milestone Statement Focus No. 5, 7, 9 & 10

Dance

- Term 3a = Milestone Statement Focus No. 7, 9, 10

Athletics Activities

- Term 3b = Milestone Statement Focus No. 7 & 9

Team Games

PE Long Term Plan 2019-2020

Bee Active = Nursery & Reception/Year 1&2

Mindfully Me Yoga = Autumn 1=Year 1, Autumn 2=Year 5, Spring 1=Year 3, Spring 2=Year 2, Summer 1=Year 4, Summer 2=Year 6

PE Teacher Craig Sigley CPD for Staff on Wednesday mornings Autumn= 3, 1/R & 6 Spring= 4,R/3 & 5 Summer= 2,1/6 & 5/N

ASM = 3,4,5+6 all year

Bikability = Level 1 - Year 4, Level 2 - Year 6

Offsite Activities:-

Gym Centre = Y1&2 Kilnworx Climbing Centre = Y3 Swimming = Y4 all year + Y5 Intervention Stanley Head Paddleboard Award

Canoe & Kayak = Y5 Stanley Head OAA = Y6

PUPILS SKILLS MUST BE ASSESSED AT THE START OF EACH YEAR GROUP STATEMENT FOCUS. THEIR SKILLS MUST THEN BE DEVELOPED, EVALUATED AND ASSESSED EACH LESSON. ASSESSMENT GRIDS NEED TO BE CONTINUOUSLY UPDATED AND AN UP TO DATE COPY NEEDS TO BE SENT ELECTRONICALLY TO E. GRANGE AT THE END OF EACH $\frac{1}{2}$ TERM PLEASE.

Year 1 (Milestone Statement Focus **No. 8** to be assessed throughout the year, No.7 to be covered in Year 4)

- Term 1a = Milestone Statement Focus No. 1, 2, 5 & 6

Mindfully Me Yoga

Agility & Co-ordination / Multi-Skills with Craig

- Term 1b = Milestone Statement Focus No. 1, 3 & 5

Multi-Skills & Football/Benchball

- Term 2a = Milestone Statement Focus No. 2, 4 & 5 / 3

Dance

- Term 2b =

(Gym Centre = 2, 4 & 5)

Milestone Statement Focus No. 3, 4 & 5

Health Related Exercise

- Term 3a =

(Gym Centre = 2, 4 & 5)

Milestone Statement Focus No. 2, 3 & 5

Athletics Activities with Craig

- Term 3b =

(Gym Centre = 2, 4 & 5)

Milestone Statement Focus No. 1 & 5 /2, 4, 5 & 6

Multi-Skills & Striking and Fielding

PE Long Term Plan 2019-2020

Bee Active = Nursery & Reception/Year 1&2

Mindfully Me Yoga =Autumn 1=Year 1, Autumn 2=Year 5, Spring 1=Year 3, Spring 2=Year 2, Summer 1=Year 4, Summer 2=Year 6

PE Teacher Craig Sigley CPD for Staff on Wednesday mornings Autumn= 3, 1/R & 6 Spring= 4,R/3 & 5 Summer= 2,1/6 & 5/N

ASM = 3,4,5+6 all year

Bikability = Level 1- Year 4, Level 2 - Year 6

Offsite Activities:-

Gym Centre = Y1&2 Kilnworx Climbing Centre = Y3 Swimming = Y4 all year + Y5 Intervention Stanley Head Paddleboard Award

Canoe & Kayak = Y5 Stanley Head OAA = Y6

PUPILS SKILLS MUST BE ASSESSED AT THE START OF EACH YEAR GROUP STATEMENT FOCUS. THEIR SKILLS MUST THEN BE DEVELOPED, EVALUATED AND ASSESSED EACH LESSON. ASSESSMENT GRIDS NEED TO BE CONTINUOUSLY UPDATED AND AN UP TO DATE COPY NEEDS TO BE SENT ELECTRONICALLY TO E. GRANGE AT THE END OF EACH ½ TERM PLEASE.

Year 2 (Milestone Statement Focus **No.8** to be assessed throughout the year, No.7 to be covered in Year 4)

- Term 1a =

(Gym Centre = 1, 2 & 5)

Multi-Skills & Handball

- Term 1b =

(Gym Centre = 1, 2 & 5)

Multi-Skills & Football

- Term 2a =

(Gym Centre = 1, 2 & 5)

Dance

Term 2b =

Multi-Skills & Uni-Hoc

Cross Country & HRE

Mindfully Me Yoga

- Term 3a =

Multi-Skills & Tag Rugby with Craig

Athletics Activities

- Term 3b =

Multi-Skills & Tennis with Craig

Orienteering + Outdoor Adventurous Activities

PE Long Term Plan 2019-2020

Bee Active = Nursery & Reception/Year 1&2

Mindfully Me Yoga = Autumn 1=Year 1, Autumn 2=Year 5, Spring 1=Year 3, Spring 2=Year 2, Summer 1=Year 4, Summer 2=Year 6

PE Teacher Craig Sigley CPD for Staff on Wednesday mornings Autumn= 3, 1/R & 6 Spring= 4,R/3 & 5 Summer= 2,1/6 & 5/N

ASM = 3,4,5+6 all year

Bikability = Level 1 - Year 4, Level 2 - Year 6

Offsite Activities:-

Gym Centre = Y1&2 Kilnworx Climbing Centre = Y3 Swimming = Y4 all year + Y5 Intervention Stanley Head Paddleboard Award

Canoe & Kayak = Y5 Stanley Head OAA = Y6

PUPILS SKILLS MUST BE ASSESSED AT THE START OF EACH YEAR GROUP STATEMENT FOCUS. THEIR SKILLS MUST THEN BE DEVELOPED, EVALUATED AND ASSESSED EACH LESSON. ASSESSMENT GRIDS NEED TO BE CONTINUOUSLY UPDATED AND AN UP TO DATE COPY NEEDS TO BE SENT ELECTRONICALLY TO E. GRANGE AT THE END OF EACH $\frac{1}{2}$ TERM PLEASE.

Year 3 (Milestone Statement Focus **No.9** to be assessed throughout the year, No.8 to be covered in Year 4)

- Term 1a =

(Striking & Fielding) Cricket with Craig including 10min Cross Country as part of warm-up ASM = (Net/Wall Games) Tennis

- Term 1b =

(Invasion Games) Football with Craig with 10min Cross Country as part of warm-up ASM = (Invasion Games) Handball

- Term 2a =

(Invasion Games) Uni-hoc

Mindfully Me Yoga

ASM = Gymnastics

- Term 2b =

(OAA) Climbing @ Kilnworx / Multi-Skills and Health Related Exercise with Craig ASM = Dance

- Term 3a =

Health Related Exercise

ASM = Athletics Activities

- Term 3b =

(Invasion Games) High 5 Netball

ASM = (Striking and Fielding Games) Kick Rounders/Rounders

PE Long Term Plan 2019-2020

Bee Active = Nursery & Reception/Year 1&2

Mindfully Me Yoga =Autumn 1=Year 1, Autumn 2=Year 5, Spring 1=Year 3, Spring 2=Year 2, Summer 1=Year 4, Summer 2=Year 6

PE Teacher Craig Sigley CPD for Staff on Wednesday mornings Autumn= 3, 1/R & 6 Spring= 4,R/3 & 5 Summer= 2,1/6 & 5/N

ASM = 3,4,5+6 all year

Bikability = Level 1- Year 4, Level 2 - Year 6

Offsite Activities:-

Gym Centre = Y1&2 Kilnworx Climbing Centre = Y3 Swimming = Y4 all year + Y5 Intervention Stanley Head Paddleboard Award

Canoe & Kayak = Y5 Stanley Head OAA = Y6

PUPILS SKILLS MUST BE ASSESSED AT THE START OF EACH YEAR GROUP STATEMENT FOCUS. THEIR SKILLS MUST THEN BE DEVELOPED, EVALUATED AND ASSESSED EACH LESSON. ASSESSMENT GRIDS NEED TO BE CONTINUOUSLY UPDATED AND AN UP TO DATE COPY NEEDS TO BE SENT ELECTRONICALLY TO E. GRANGE AT THE END OF EACH ½ TERM PLEASE.

Year 4 (Milestone Statement Focus **No.5** to be assessed throughout the year, KS1&2 Swimming Statements covered this year.

• Term 1a =

15min Cross Country during the week 45min Swimming @ Clough Hall ASM = (Invasion Games) Football

Term 1b =

15min Cross Country during the week 45min Swimming @ Clough Hall ASM = (Invasion Games) Tag Rugby

• Term 2a =

45min Swimming @ Jubilee 2 Gymnastics with Craig ASM = Handball Bikeability L1

• Term 2b =

45min Swimming @ @ Jubilee 2 (Invasion Games) Hockey with Craig ASM = Dance

• Term 3a =

45min Swimming @ Jubilee 2 Mindfully Me Yoga ASM = Athletics Activities

• Term 3b =

15min Health Related Exercise during the week 45min Swimming @ Jubilee 2 ASM = (Striking and Fielding Games) Cricket

PE Long Term Plan 2019-2020

Bee Active = Nursery & Reception/Year 1&2

Mindfully Me Yoga = Autumn 1=Year 1, Autumn 2=Year 5, Spring 1=Year 3, Spring 2=Year 2, Summer 1=Year 4, Summer 2=Year 6

PE Teacher Craig Sigley CPD for Staff on Wednesday mornings Autumn= 3, 1/R & 6 Spring= 4,R/3 & 5 Summer= 2,1/6 & 5/N

ASM = 3,4,5+6 all year

Bikability = Level 1 - Year 4, Level 2 - Year 6

Offsite Activities:-

Gym Centre = Y1&2 Kilnworx Climbing Centre = Y3 Swimming = Y4 all year + Y5 Intervention Stanley Head Paddleboard Award

Canoe & Kayak = Y5 Stanley Head OAA = Y6

PUPILS SKILLS MUST BE ASSESSED AT THE START OF EACH YEAR GROUP STATEMENT FOCUS. THEIR SKILLS MUST THEN BE DEVELOPED, EVALUATED AND ASSESSED EACH LESSON. ASSESSMENT GRIDS NEED TO BE CONTINUOUSLY UPDATED AND AN UP TO DATE COPY NEEDS TO BE SENT ELECTRONICALLY TO E. GRANGE AT THE END OF EACH ½ TERM PLEASE.

Year 5 (Milestone Statement Focus **No. 4** to be assessed throughout the year, No.8 to be covered in Year 4)

- Term 1a =

(Net/Wall Games) Tennis with 10min Cross Country as part of warm-up ASM = (Invasion) Handball & Sportshall Athletics

- Term 1b =

Dance

Mindfully Me Yoga

ASM = (Invasion Games) High 5 Netball & Sportshall Athletics

- Term 2a =

(Invasion Games) Hockey with Craig

ASM = (Invasion) Tag Rugby

Term 2b =

Gymnastics with Craig

ASM = (Invasion) Football

- Term 3a =

(Striking and Fielding Games) Cricket with Craig

ASM = Athletics Activities

- Term 3b =

HRE & Orienteering (OAA) Canoeing & Kayaking @ Stanley Head ASM = / (Striking and Fielding Games) Rounders

PE Long Term Plan 2019-2020

Bee Active = Nursery & Reception/Year 1&2

Mindfully Me Yoga =Autumn 1=Year 1, Autumn 2=Year 5, Spring 1=Year 3, Spring 2=Year 2, Summer 1=Year 4, Summer 2=Year 6

PE Teacher Craig Sigley CPD for Staff on Wednesday mornings Autumn= 3, 1/R & 6 Spring= 4,R/3 & 5 Summer= 2,1/6 & 5/N

ASM = 3,4,5+6 all year

Bikability = Level 1 - Year 4, Level 2 - Year 6

Offsite Activities:-

Gym Centre = Y1&2 Kilnworx Climbing Centre = Y3 Swimming = Y4 all year + Y5 Intervention Stanley Head Paddleboard Award

Canoe & Kayak = Y5 Stanley Head OAA = Y6

PUPILS SKILLS MUST BE ASSESSED AT THE START OF EACH YEAR GROUP STATEMENT FOCUS. THEIR SKILLS MUST THEN BE DEVELOPED, EVALUATED AND ASSESSED EACH LESSON. ASSESSMENT GRIDS NEED TO BE CONTINUOUSLY UPDATED AND AN UP TO DATE COPY NEEDS TO BE SENT ELECTRONICALLY TO E. GRANGE AT THE END OF EACH $\frac{1}{2}$ TERM PLEASE.

Year 6 (Milestone Statement Focus **No. 4** to be assessed throughout the year, No.8 to be covered in Year 4)

- Term 1a =

(Invasion Games) Handball with Craig including 10min X-Country as part of warm-up ASM =(Invasion) Basketball & Sportshall Athletics

- Term 1b =

(Invasion Games) Tag Rugby with Craig including 10min X-Country as part of warm-up ASM=(Invasion)Basketball & Sportshall Athletics

- Term 2a =

Dance & HRE

ASM = (Invasion) Hockey Bikeability L2

- Term 2b =

Gymnastics & Parkour

ASM = (Invasion) Football & Table Tennis

- Term 3a =

(Striking and Fielding Games) Cricket (Outdoor Adventurous Activities) Stanley Head ASM = Athletics Activities

- Term 3b =

Types of Training with Craig Mindfully Me Yoga ASM =(Striking and Fielding Games)-Rounders