

# PE Policy

Newman Catholic Collegiate  
& ST. JOSEPH'S CATHOLIC ACADEMY  
2020/21

Accepted by Governors:

Member of Staff Responsible & Role:

1. Mrs Emily Grange, P.E Co-ordinator
2. Craig Sigley, P.E Specialist Teacher

Date to be reviewed: [July 2021](#)



## Intent

The purpose of **PE** at St Joseph's Catholic Academy is to enable each and every one of our children to fulfil our whole school mission statement:

“Learning and growing together in faith and friendship”

Learning to live like Jesus taught us

Growing together as children of God

Sharing our faith through service to others

Showing our friendship with Jesus through our words and actions

and to provide opportunities for each and every child to develop their:

- Aspirations
- Resilience
- Compassion

(whole school curriculum drivers)

At St Joseph's Catholic Academy, we believe that **PE** contributes to our mission statement and curriculum drivers by:

- Providing the children with excellent learning opportunities, helping them to aspire to achieve great things
- Inspiring children to develop their physical fitness and resilience
- Encouraging children to develop their inter-personal skills, treating each other with compassion and respect

Ultimately we aim to inspire our children to love living a healthy life. We want our children to develop a deep knowledge and a range of skills, enabling them to sustain a enjoy a positive, active lifestyle.



We provide a structured, progressive curriculum with lots of opportunity for children to commit knowledge to their long term memory so that, by the end of each Key Stage, they have achieved the end points set out in the National Curriculum.

## **Implementation**

### **Teaching & Learning**

We use a variety of teaching and learning styles in P.E lessons. Our principal aim is to develop children's knowledge, physical literacy and understanding of P.E, we do this through a mixture of whole class teaching and individual or group activities. Teachers draw attention to good examples of individual/group performance through modelling for other children in mini plenaries. We encourage children to evaluate where appropriate, in a fashion that does not impact on how strenuous the lesson is. Within lessons, children benefit from the opportunity to both collaborate and compete with each other.

In all classes children have a wide range of ability (in all senses – physical and otherwise). Due to this, teachers provide differentiated, suitable learning opportunities for all children matching the challenge of the task to the ability of the child. This occurs through the adoption of a range of strategies:

- Setting tasks of varied difficulty, tasks are parallel in design but not the same (Pupils develop co-ordination using a large ball – small ball, over a distance of 5m – 2m).
- Setting common tasks occasionally, open ended with a variety of results (Timed events - 400m in Athletics, the VO2 max test/Bleep Test).





Each pupil has four cells per Statement. By filling these cells, you will be able to create an accurate indication of progress on one Tracker for the whole academic year. When pupils are having difficulty progressing in this particular statement, one cell is filled. This scenario is referred to as 'Pre Key-Stage'.


When pupils are showing progress that is typical for pupils at that age, two cells are filled. This scenario is referred to as 'Working Towards Stage'.


If pupils show a rate of progress superior to the majority of the class, three cells are filled. This scenario is referred to as 'Expected Standard'.


Four cells will be coloured when pupils show extraordinary achievement against a Statement (perhaps they represent their County/Area in a related activity). This scenario is referred to as 'Greater Depth Standard'.


Any assessments made in Autumn = Yellow, Spring = Red, Summer = Blue. This will allow our teachers to show where progress has been made and when.



## **P.E Curriculum**

Due to the flexibility provided by the new curriculum Teachers are free to select activities based on their expertise and the children's interest – provided all P.E Statements receive sufficient coverage. All teachers from Years 1-6 have been supplied with extensive Physical Education resources containing multiple Schemes of Work from a plethora of activities. These Schemes of Work should not be adhered to the letter, to ensure best practice the lesson plans should act as a guide from which teachers adapt practices to accommodate the needs of their class.

Teachers work with the School's P.E Co-ordinator and P.E Specialist to plan the activities covered throughout the academic year.

**All PE sessions delivered will adhere to Covid-19 health and safety regulations, including use of 'Bubbles,' social distancing and cleaning of equipment.**

**PE Lessons will be taught outside wherever possible.**

## **The role of the P.E Specialist**

In April 2013, the Government announced new funding of £150 million for physical education (PE) and sport. This funding should be used to improve the quality and breadth of PE and sport provision.

Funding will be allocated to all maintained and state-funded schools with primary phase pupils, including primary, middle, special and non-maintained special schools, academies and pupil referral units from 1 September 2013. A typical primary school will receive about £9,250 annually.

In 2020-21 *St. Joseph's Catholic Academy* will receive a 'P.E Sport Premium' of £17,680. Schools are free to determine how best to use this funding. Funding must improve the quality and breadth of PE and sport



provision, increasing participation in PE and inspiring the children to lead healthy, active lifestyles.

The Schools within the Newman Catholic Collegiate have pooled a percentage of this Funding, employing a Physical Education Specialist Leader of Education (Mr. Sigley) to manage and co-ordinate P.E across all 8 Primary Academies.

At *St. Joseph's Catholic Academy*, the delivery of P.E is carefully monitored in several ways. We are diligent in ensuring that all children benefit from an exciting, structured and challenging P.E offer.

Throughout 2021/2020 all the School's within the Newman Catholic Collegiate will benefit from:

- Teachers receiving 1-to-1 CPD with a P.E Specialist in a wide variety of activities, this will continue to raise the standard of teaching and learning in P.E across the Collegiate.
- An increase in competitive opportunities in several Physical Activities.
- An increase in extra-curricular opportunities for pupils to extend their learning.
- A simple and effective assessment policy implemented throughout the Collegiate.
- An elevated focus on teaching our children the benefits of Healthy, Active Lifestyles.

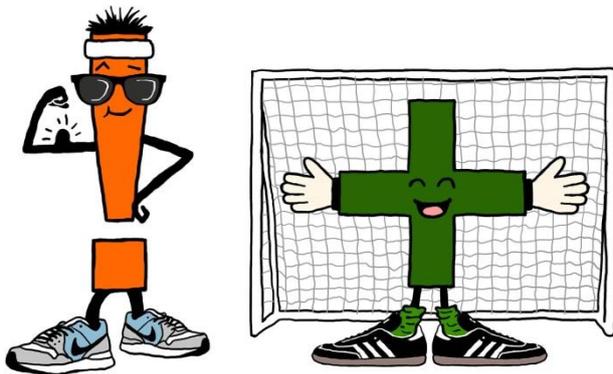
The Newman Catholic Collegiate places a huge emphasis on the important role P.E and Sport plays in developing children's physical, social and mental health.

### **Cross-curricular links**

At *St. Joseph's Catholic Academy*, we ensure that Physical Education lessons accommodate content from other areas of the curriculum where appropriate. P.E provides numerous opportunities for pupils to apply



literacy and numeracy whilst being active. On Physical Education lesson plans you may find two characters highlighting scenarios within lessons where numeracy/literacy skills could be developed.



These characters aim to raise children's awareness of when they are using numeracy, literacy or another subject in P.E

### **Extra-Curricular opportunities**

The School provides a range of P.E related extra-curricular activities for children before, during and after the School day. These encourage children to further develop their skills in a range of activity areas. The School sends details of the current club activities to parents and carers at the beginning of each term. The School also plays regular fixtures **(virtually and/or adhering to Covid-19 health and safety regulations e.g. 'Bubbles')** against other Schools. These are organised both through the Newman Catholic Collegiate and through the City. This introduces a competitive element to skills developed within P.E lessons. These opportunities foster a sense of team spirit and co-operation amongst children.



## **Impact**

Children at St Joseph's will know more, remember more and understand more, progressing from their starting point in order to achieve the National Curriculum aims for the end of the Key Stage.

They are ambitious for their future, resilient in the face of challenge and show genuine compassion towards others. Our pupils are equipped for the demands of KS3 and the wider world and have the skills to contribute positively to society.

To see an in-depth analysis of the impact of our P.E Curriculum please refer to our P.E Impact document.

### **Monitoring & Review**

The co-ordination, monitoring and planning of the P.E curriculum are the combined responsibility of the P.E Specialist and the P.E Co-ordinator.

This P.E Policy will be reviewed at the conclusion of each academic year.

**Signed:** *E. Grange*

**Date:** *17<sup>th</sup> July 2020*