



St Joseph's Catholic Academy

Member of the Newman Catholic Collegiate

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WB 30.3.2020.

Hello Year 1,

I hope you are all happy, healthy, behaving for your parents and keeping safe. Did you keep your brains busy last week? Remember there are lots of activities in the 'Home Learning' pack that I gave you. There are also lots of website links on the letter for you to use. Please look in each subject area to see what is available for you.

I know that some of you may not have access to a printer/resources/1:1 help at home so I have tried to keep the ideas as easy to access as possible.

I have not said what you have got to do on each day because I know you are all different and all have different circumstances at home e.g. mum and dad might be very busy with their own jobs, you might have other brothers and sisters who have schoolwork also and you might have to share a tablet/computer. Please just try to work through the activities a bit every day at your own pace, concentrating on phonics/spelling, reading, writing and maths at first.

Remember also to try and enjoy this time that you have with your parents as much as possible! Learn lots of new life-skills like how to tie your shoelaces/school tie, fasten shirt buttons, tell the time, tidy/clean the house, wash the dishes, how to bake, play board games, make a den and sleep in it, act out/re-tell your favourite story, drawing, painting, singing, counting, reading, praying, talking, hugging! Watching TV and playing on your tablets is OK for a while (especially if it is educational - see the website links) but try to limit your screen time and read, play and enjoy life together. Try to help your parents out as much as possible. If you've got a little brother or sister see if you can teach them something! Play schools with your older brothers and sisters and see if they can teach you too.

Try to stay as fit and healthy as possible by exercising every day - I've really enjoyed doing the 9am Joe Wicks workout on You Tube every morning with my two children. Try and get some sunshine in your garden - perhaps you can help with the gardening. See the PE links for more ideas including the Activ8 minutes. Also remember to eat as healthily as possible to keep your body strong - eat those fruits and vegetables that your parents give to you. Make sure that you are getting enough sleep - go to bed when you are told to!

- It would be really good if you could keep a weekly diary (a few sentences each week about activities/events/feelings) to say what you have been up to whilst we are apart. I'd love to see them whenever we are back in school together. Why not start this today for last week?
- Have you been busy reading? You can go onto the Oxford Owls Website and choose some books from there to read this week.
- Have you been onto the Phonics Play website yet? Remember to keep on practising those Year 1 Phonics Screen Section 1&2 Reading Robot words, Flashcards and the Tricky Word Trucks for 20 minutes every day where possible. Use the RWI flash cards I gave you, try reading the alien/real words in your pack. Also look at the spellings I sent home with you. Can you spell all of the Phase 2,3,4 and 5 words yet? Try to learn 10 that you don't know this week.
- Have you visited the NUMBOTS, Active Learn/Abacus Maths websites yet? **White Rose** is also fantastic and is publishing daily video lessons & resources online. Try the Week 1&2 Weight, Capacity and counting in 2's,5's and 10's work. <https://whiterosemaths.com/homelearning/year-1/> Please visit White Rose and have a look this week if you can. Also remember to do lots of counting forwards and backwards to 100 in 1's, 10's, 5's and 2's. If you can do this try 3's!

I will write another letter each week also to keep you updated. I miss you all - keep safe until we can be together again!

From, Mrs Grange ☺

