



January 2022



**MONDAY**



**TUESDAY**



**WEDNESDAY**



**THURSDAY**



**FRIDAY**

**MAIN COURSE**

All Day Breakfast

or

All Day Veggie Breakfast

**MAIN COURSE**

Chicken and Vegetable Pie  
Mashed Potato  
Seasonal Vegetables  
and Gravy

or

Penne Pasta Bake  
Crusty Bread  
and Mixed Salad

**MAIN COURSE**

Veggie Chilli and Rice

or

Fish Fingers  
Mashed Potato  
and Baked Beans

**MAIN COURSE**

Roast Gammon  
 Diced Roasties  
Peas and Sweetcorn

or

Mac 'n' Cheese  
Crusty Bread and Peas  
and Sweetcorn

**MAIN COURSE**

Fish Goujons  
Chips  
Garden or Mushy Peas  
and Curry Sauce

or

Quiche of the Day  
Chips  
Garden Peas  
or Coleslaw

**OTHER OPTIONS**

Filled Jacket Potato  
or Bap or Roll  
served with Veggie Sticks  
or Salad Pot

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**DESSERT**

Rice Krispie Crunch

Fresh Fruit or  
 Yeo Valley Yogurt

**DESSERT**

Fruity Jelly Pot

Cheese and Crackers or  
Fresh Fruit or  
 Yeo Valley Yogurt

**DESSERT**

Drizzled Iced Sponge  
with Custard

Fresh Fruit or  
 Yeo Valley Yogurt

**DESSERT**

Chocolate Shortbread

Cheese and Crackers or  
Fresh Fruit or  
 Yeo Valley Yogurt

**DESSERT**

Oaty Applejack

Fresh Fruit or  
 Yeo Valley Yogurt

**A choice of fruit drink, water or milk will be made available with every meal.**

Vegetarian

Not cooked in oil

50% Fruit

Organic

Oily fish



2021/22  
Week 4

Week Commencing  
Jan 24 • Feb 21 • Mar 21 • Apr 18 • May 16 • Jun 13 • Jul 11

